



**Arizona Indian Council on Aging (AICOA)
Report for Governor's Advisory Council on Aging (GACA)
October – December 2021**

AICOA Board members met in October, November and December 2021. The following updates were provided:

- Tribal communities are encouraging members to get their booster vaccination and flu shots
- Virtual training and events continue to occur and some in-person events
- Actively recruiting Tribal representation for the AICOA board from each of the 21 Member Tribes
- Some senior programs remain closed and others provide various services, including Home Delivered Meals with Socialization and Recreation activities.
- Questions and input about Home Delivered Meals during the pandemic. The ITCA-AAA DTR will follow-up with technical assistance and nutrition training.
- Concerns about insurance brokers enrolling Tribal elders in the Medicare Advantage Plan. This plan may not work with Indian Health, Urban Health or 638 Health Care facilities. ITCA Benefits Specialist is available to provide assistance through the SHIP Helpline (800)432-4040 Select Option 2.

AICOA Upcoming Activities & News

- The next AICOA meeting is scheduled for January 6, 2021 @ 10:00 AM. We will be welcome and providing orientation for new board members.
- AICOA encouraging the use of the Request To Speak (RTS) online system to advocate for Tribal communities.