



**Nexus Coalition for Drug Prevention**  
**A Drug-Free Community Coalition**  
[www.ncdp.rocks](http://www.ncdp.rocks)

*Community collaboration striving to build a healthy, substance free environment for youth*

**Friends of Navajo County Anti-Drug Coalition, Inc. (EIN 26-0468100)**

PO Box 948 Taylor, AZ 85939-0948 (928) 243-2014

180 South Main Street-Taylor, AZ 85939

1593 Johnson Drive-Lakeside, AZ 85929

[vsncdp@gmail.com](mailto:vsncdp@gmail.com) <http://www.facebook.com/ncdpncdp/>

**Vicky Solomon Executive Director**





ALL CHILDREN ARE CAPABLE OF SUCCESS  
**NO EXCEPTIONS!**

### MISSION

Kids at Hope inspires, empowers and transforms schools, organizations serving youth and entire communities to create an environment and culture where all children experience success, NO EXCEPTIONS!

### VISION

Kids at Hope's vision is that every child is afforded the belief, guidance and encouragement that creates a sense of hope and optimism, supported by a course of action needed to experience success at life's four major destinations: Home & Family; Education & Career; Community & Service; and Hobbies & Recreation.

**I AM TALENTED,  
SMART AND  
CAPABLE OF  
SUCCESS**

**NO  
EXCEPTIONS!**

## Unleashing the Power of Hope Workshop

Three Universal Truths that create a Kids at Hope culture: We Believe, We Connect, We Time Travel.

## Advocating Hope

Five Kids at Hope practices as well as more information on how Kids at Hope connects to Social/Emotional Learning.

# When **Effectiveness** and **Quality Count...** **Botvin *LifeSkills Training*** is the only choice.



## DRUG USE

Proven to cut  
Drug Use  
by up to

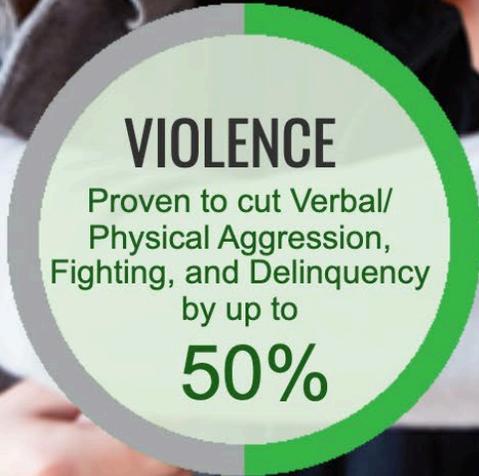
**75%**



## ALCOHOL USE

Proven to cut  
Alcohol Use by  
up to

**60%**



## VIOLENCE

Proven to cut Verbal/  
Physical Aggression,  
Fighting, and Delinquency  
by up to

**50%**



## TOBACCO

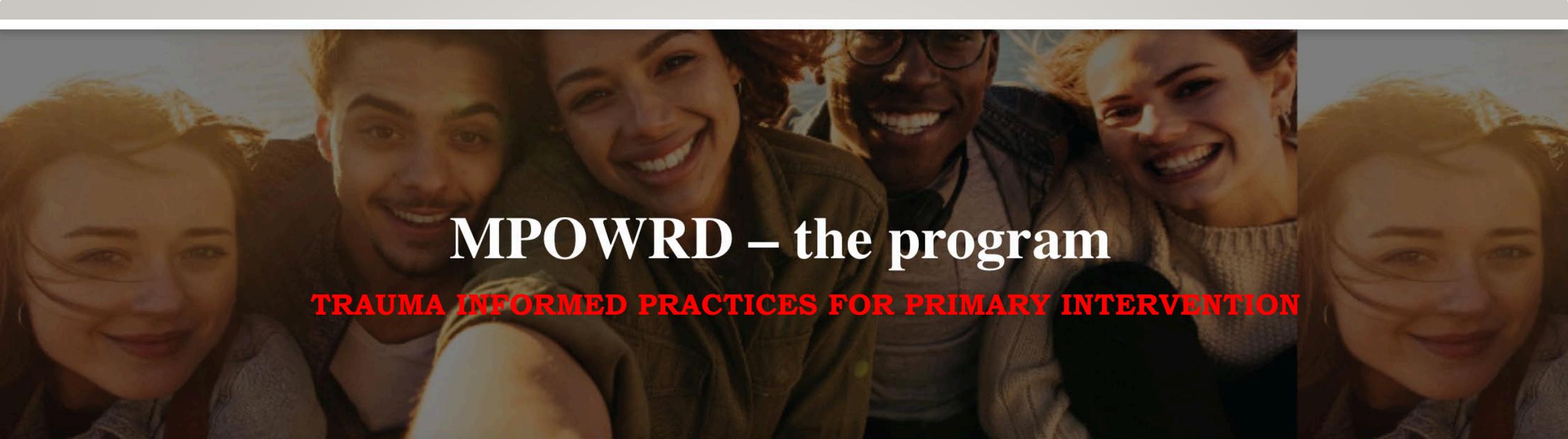
Proven to cut  
tobacco use by  
up to

**87%**

Lesson	Lesson Goals	Key Skills	Class Periods
Self-Esteem	To make students aware that they are unique and should feel good about their uniqueness.	Sharing thoughts and feelings; reframing thoughts on unique attributes; identifying similarities and differences in a team setting.	1
Decision-Making	To teach students how their daily decisions are influenced in direct and indirect ways.	Defining and applying terms; assessing likely behavioral responses to direct and indirect influences.	1
Smoking Information	To teach students about the consequences of nicotine and tobacco products on their body.	Small group discussion; writing; reporting.	1
Advertising	To develop an awareness of how tobacco advertisers manipulate advertisements to entice people to smoke.	Analyzing ad techniques; contrasting ads with reality; interpreting ad jargon.	1
Dealing with Stress	To identify positive and negative ways to cope with stress.	Practicing relaxation techniques; group brainstorming; practicing and finding what works; listening to music while relaxing.	1
Communication Skills	To teach students about the importance of communication.	Defining terms and examples of verbal communication; practicing non-verbal communication; communicating nonverbally through movement.	1
Social Skills	To help students learn ways to get along with their peers.	Sharing examples of positive and negative peer pressure; hearing messages from peers.	1
Assertiveness	To teach students how to develop assertiveness skills.	Practicing and writing I-messages; recognizing feelings and formulating I-message responses.	1
<b>Total Class Periods</b>			<b>8</b>

- Northern AZ Academy
- George Washington
- Holbrook H.U.B. (hope unity belief) Center for Success
- Snowflake Intermediate

**Nexus Diversion Program**  
**DIVERSION VS**  
**SUSPENSION**



# MPOWRD – the program

## TRAUMA INFORMED PRACTICES FOR PRIMARY INTERVENTION

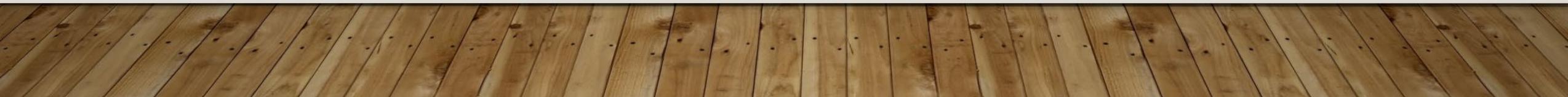
### RESTORATIVE PRACTICE IN ACTION

Meaningful responses to student infractions include:

- Opportunities to attend **MPOWRD** meetings for peer support
- Redefine projected behavior within positive discussion
- Develop positive peer relationships
- Continues transitional support through ongoing meetings

### SEL-Social Emotional Learning

- Self-Awareness-*honesty with self and others*
- Self-Management-*developing personal vision within a positive future*
- Social-Awareness-*learning to lead and to follow*
- Relationship Skills-*unconditional peer support*
- Responsible Decision-Making-*working through life challenges*



# ANY QUESTIONS?



**Nexus Coalition for Drug Prevention**  
**A Drug-Free Community Coalition**  
[www.ncdp.rocks](http://www.ncdp.rocks)

*Community collaboration striving to build a healthy, substance free environment for youth*

**Friends of Navajo County Anti-Drug Coalition, Inc. (EIN 26-0468100)**

PO Box 948 Taylor, AZ 85939-0948 (928) 243-2014

180 South Main Street-Taylor, AZ 85939

1593 Johnson Drive-Lakeside, AZ 85929

[vsncdp@gmail.com](mailto:vsncdp@gmail.com) <http://www.facebook.com/ncdpncdp/>

**Vicky Solomon Executive Director**