

Arizona Substance Abuse Partnership

Thursday, September 3, 2020
State Capitol Executive Tower





CROSSROADS, INC.

**Crossroads Role In
Prevention, Treatment
& Recovery**

Changing lives. One person at a time.

MISSION STATEMENT

To provide high quality, affordable, comprehensive programs and services that promote recovery from alcoholism and drug addiction, personal growth, accountability, self-sufficiency, and healing.

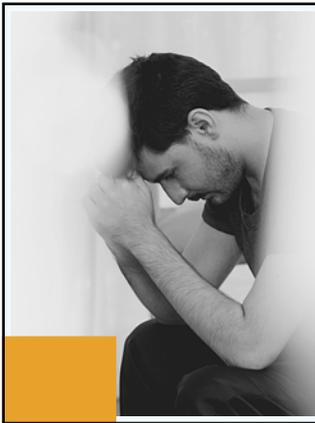
CROSSROADS, INC.

SERVING OVER 2,500 MEN AND WOMEN ANNUALLY

Since 1960, Crossroads has been providing high quality, successful and affordable state licensed substance abuse treatment services for individuals suffering with substance use disorder.

Crossroads offers cost-effective, peer-guided programs that work. Our campuses provide a safe, healthy and highly structured environment for those committed to achieving sobriety and self-sufficiency. Our programs promote recovery, family reunification, and successful reintegration.





IN THE UNITED STATES

"THE CDC REPORTED 70,980 OVERDOSE DEATHS IN 2019, MORE THAN THE PREVIOUS RECORD OF 70,699 DEATHS SET IN 2017. EXPERTS FEAR THE NUMBERS COULD BE EVEN WORSE NEXT YEAR, EXACERBATED BY THE CORONAVIRUS PANDEMIC."

- Shelby Lin Erdman, CNN.COM 2020

OUR PROGRAMS

RIGHT TRACK RESIDENTIAL TREATMENT

- 12-Step based model
- 30, 60, and 90 day programs
- 408 beds across 7 facilities for men and women

OUTPATIENT & AFTERCARE SERVICES

- Pretrial Outpatient Program
- Aftercare Program
- Aftercare Mentorship Program

INTEGRATED CARE

- Primary care, mental health, OBGYN, MAT, specialty care, social care, community care, and chronic care management services.

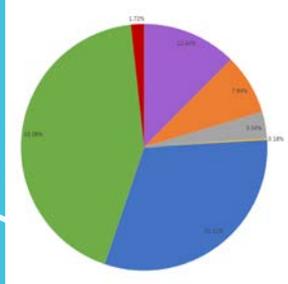


The longer the engagement in treatment, the better the outcomes.

Average length of stay is 40 days. Since residential treatment became a prior authorization service, this length is decreasing due to lack of health plan authorization.

-  **Staying longer**
Some residents stay up to 6 months combined residential, IOP and OP.
-  **Sustain recovery gains**
They get a chance to sustain recovery gains even if they have no where to go.
-  **Mutually beneficial**
Newcomer clients have a living, breathing example showing recovery is possible.
-  **Makes an impact**
Most effective engagement strategy to combat ambivalence in the first days.

2019 REPORTED DRUG OF CHOICE AT INTAKE



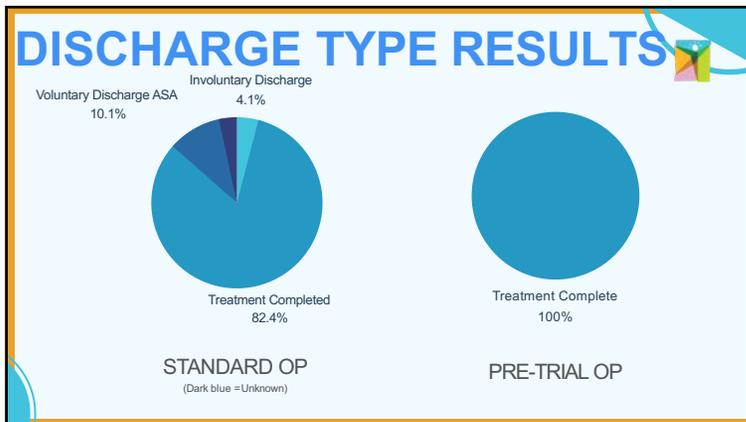
- Alcohol
- Cannabis
- Cocaine dependence, uncomplicated
- Hallucinogen dependence, uncomplicated
- Opioids
- Other Stimulants-methamphetamines
- Sedative, hypnotic or anxiolytic dependence, uncomplicated



Pre-Trial Outpatient vs Standard Outpatient discharging

- We provide the counseling, but the room and board is free as long as they are working the program.
- All the pretrial clients are medium to high risk re-offenders. They tend to complete the program and do so well, re-integrating into the community.

Crossroads, Inc. 2020



Reintegration & Sustaining Recovery

CROSSROADS PRETRIAL OUTPATIENT PROGRAM (CPOP)

- Halfway house placement
- Relapse prevention
- Ongoing reintegration
- Sentencing preparation

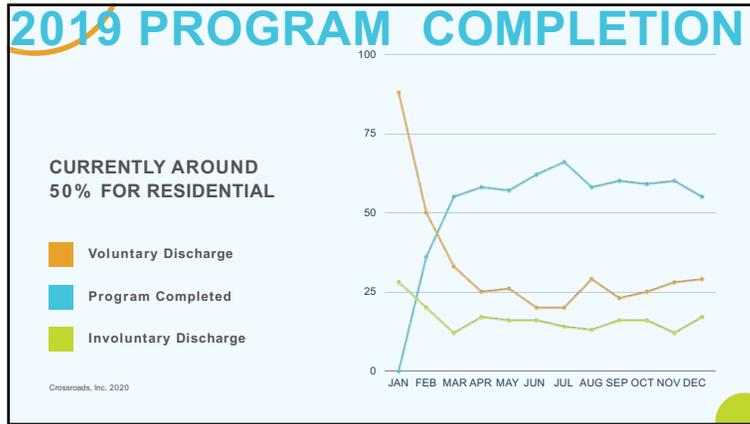
CROSSROADS AFTERCARE PROGRAM (CAP)

- Relapse prevention
- Skill building & job assistance
- Building community support
- Group and individual support sessions

CROSSROADS AFTERCARE MENTORSHIP PROGRAM (CAMP)

- Discharged residential clients who are residing in Crossroads community living.
- CAMP is intended for clients who have a desire to develop mentorship skills.

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CROSSROADS STRATEGIES FOR PREVENTION

- PARENT/FAMILY EDUCATION CLASSES**
 Training staff to provide parent and family education classes focusing on substance abuse prevention and skills for coping with addiction issues within the family.
- PREVENTION PARTNERING**
 Reaching out to our youth community prevention partner programs such as notMYkid® and the D.A.R.E. program, to learn more about how we might collaborate prevention efforts in the community.
- PREVENTION COALITION**
 Developing a coalition in Central Phoenix that will bring different community sectors together to drive policy change that will impact substance abuse prevention.

THANK YOU

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☼ **Graham County
Substance Abuse Coalition**



☼ **Overview of Coalition**

The first coalition meeting was held in 2003 as a cross system substance abuse coalition with the primary focus being methamphetamine. During a meeting in 2005 prescription drug misuse/abuse was identified as a merging problem in Graham County. The first prescription drug takeback was held at Mt. Graham Regional Medical Center.



☼ Coalition Mission Statement

“A substance abuse prevention community coalition that provides resources, support and education to the community through prevention and intervention to reduce substance abuse with a primary focus on reducing youth substance use”



☼ Geographic Area Targeted by Coalition

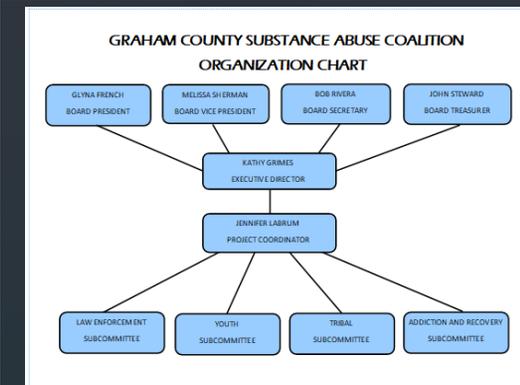
Spanning 4,641 miles, Graham County is a rural community that is remotely located in Southeast Arizona and contains a portion of the San Carlos Apache Indian reservation. Bordering New Mexico to the east, it is a fairly mountainous region with high desert terrain and mineral-rich soil. With a population of 37,147, Graham County is the 2nd least populated county in the state. Like most rural areas of Arizona, our county is comprised of fairly small and isolated towns with predominately working-class families, and can best be describing as a mining and farming community known for the four C's: copper, cotton, climate and cattle.



☼ Community Demographics

Our three largest racial and ethnic groups are White (52.3%), Hispanic (30.4%) and American Indian (13.6%).

Like many other reservations, the San Carlos reservation, and in particular, the two towns of Bylas and Peridot, face extreme economic and social disadvantages, with 30.3% and 38.9% of residents living in poverty and over 75% of residents currently unemployed. These bleak conditions have incredible impact on our tribal youth, with youth in these geographic areas reporting significantly higher rates of substance use, correlating consequences and contributing risk factors than their non-tribal counterparts throughout the rest of the county



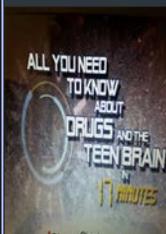
Community Education



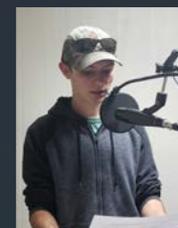
Annual Substance Awareness Conference



6th Grade Project



Educational Messages



☞ Back to School Resource Fair



☞ Community Awareness Events



☞ Annual "Dump the Drugs" Day



☞ Overdose Awareness



What's Next...

- Reentry Project
- Gila Valley Coalition



Future...



The House of Hope Prevention and Resource Center will begin construction on September 10, 2020 and is scheduled to be completed on February 12, 2021.



Thank you!

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