

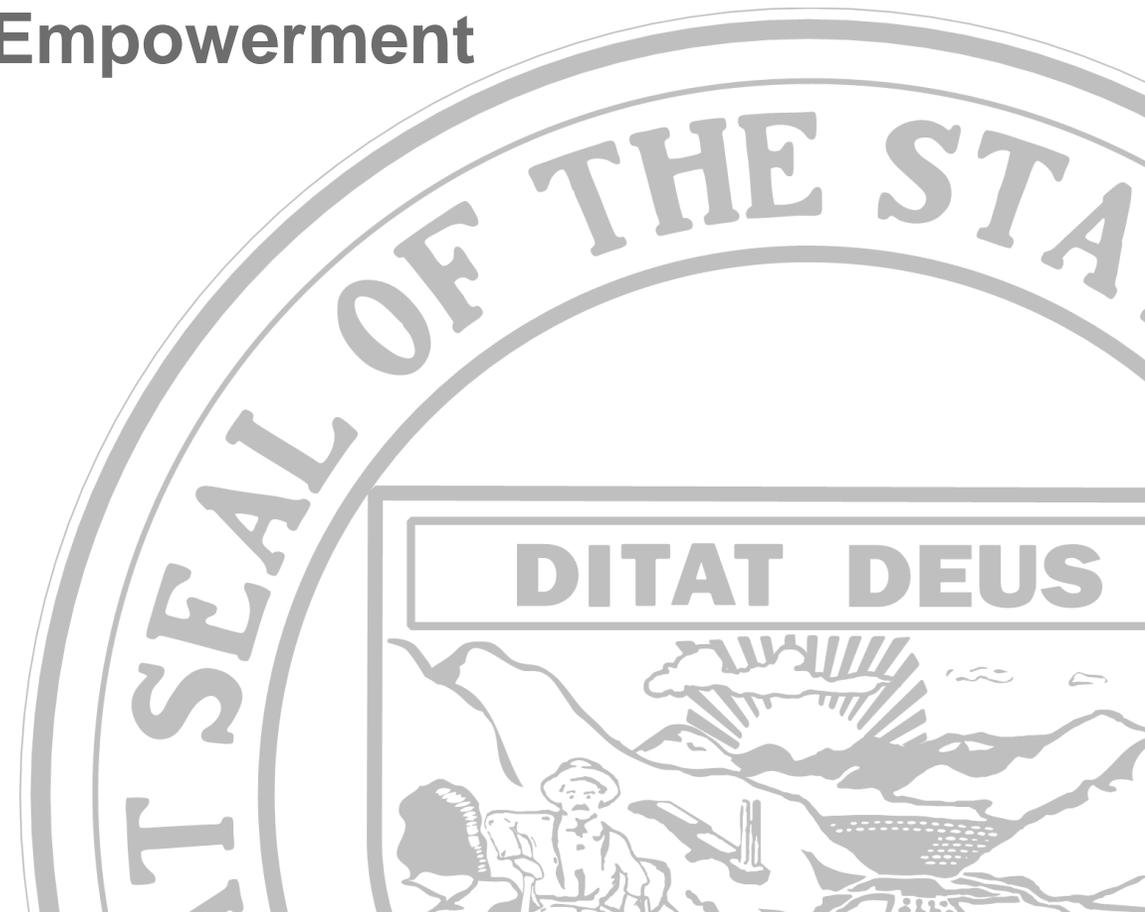
Governor Ducey's Council on Child Safety and Family Empowerment

January 9, 2020

Governor's Executive Tower
2nd Floor Conference Room



Council on Child
Safety and
Family Empowerment



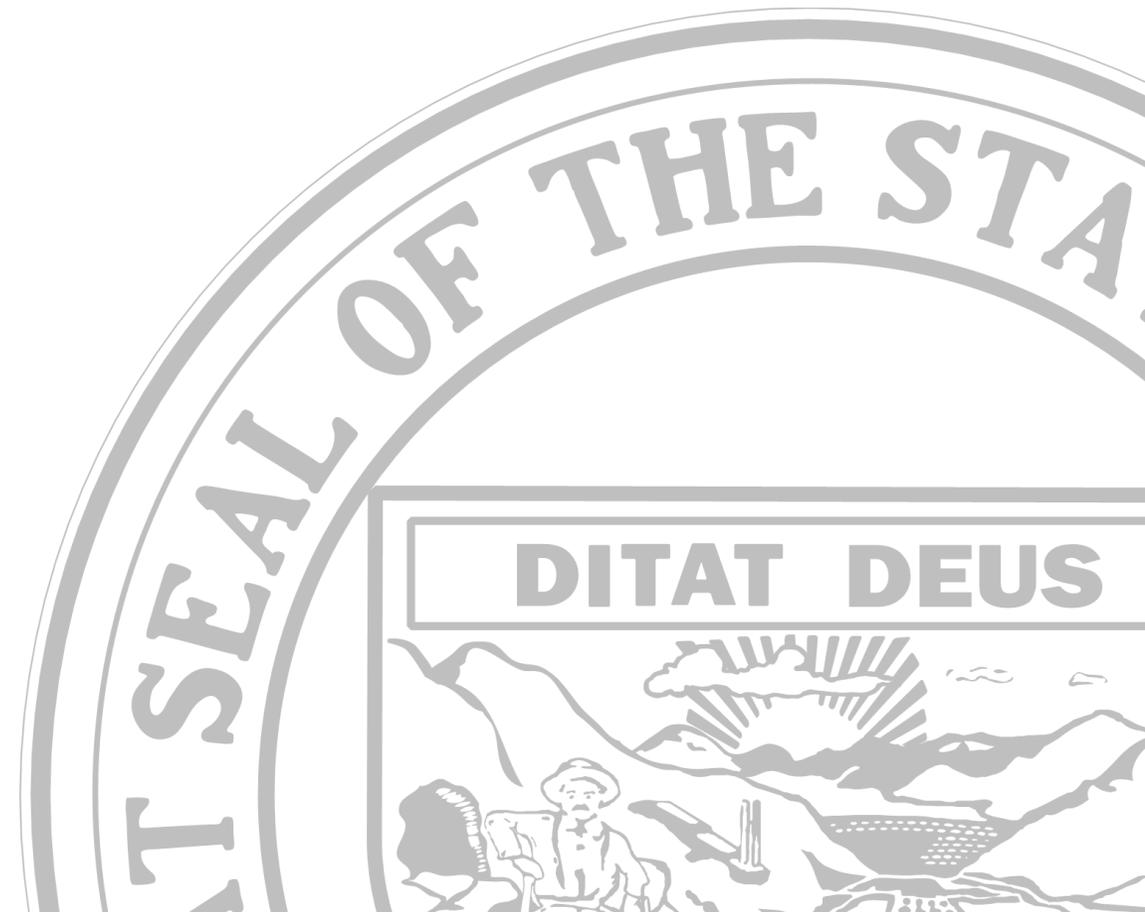
Trauma to Triumph

Skye Steele, CEO, StreetlightUSA

Dr. Angela Salomon, StreetlightUSA



Council on Child
Safety and
Family Empowerment





STREETLIGHTUSA

TRAUMA TO TRIUMPH

INTRODUCTION

Presenters

- Skye Steele, CEO
- Angela Salomon, PsyD
Director of Programs

STREETLIGHTUSA TRAUMA TO TRIUMPH

- Established in 2009 by individuals from several local Christian churches
- Purchased and opened 3.5 acre facility in 2011
- 24 Bed Group Home Offering Trauma-Informed Enhanced Services to Meet the Unique Needs of Female/Child Victims of Sexual Exploitation/At-Risk (Lighted Path Program)
- 10 bed Behavioral Health Residential Facility offering In-Patient Behavioral Health Treatment to victims of CSEC/at-Risk of CSEC (Sanctuary Program)
- SLUSA has helped more than 1,261 girls since 2011
- We are one of a handful of Residential Facilities in the nation specializing in working with CSEC

Our Role in the Community

Child & Family Teams

- Collaboration/ Communication
- Respect for Their Mission
- Educate
- Learn
- Support
- Alignment(Goals/Objectives)
- Active Involvement
- Child Advocacy

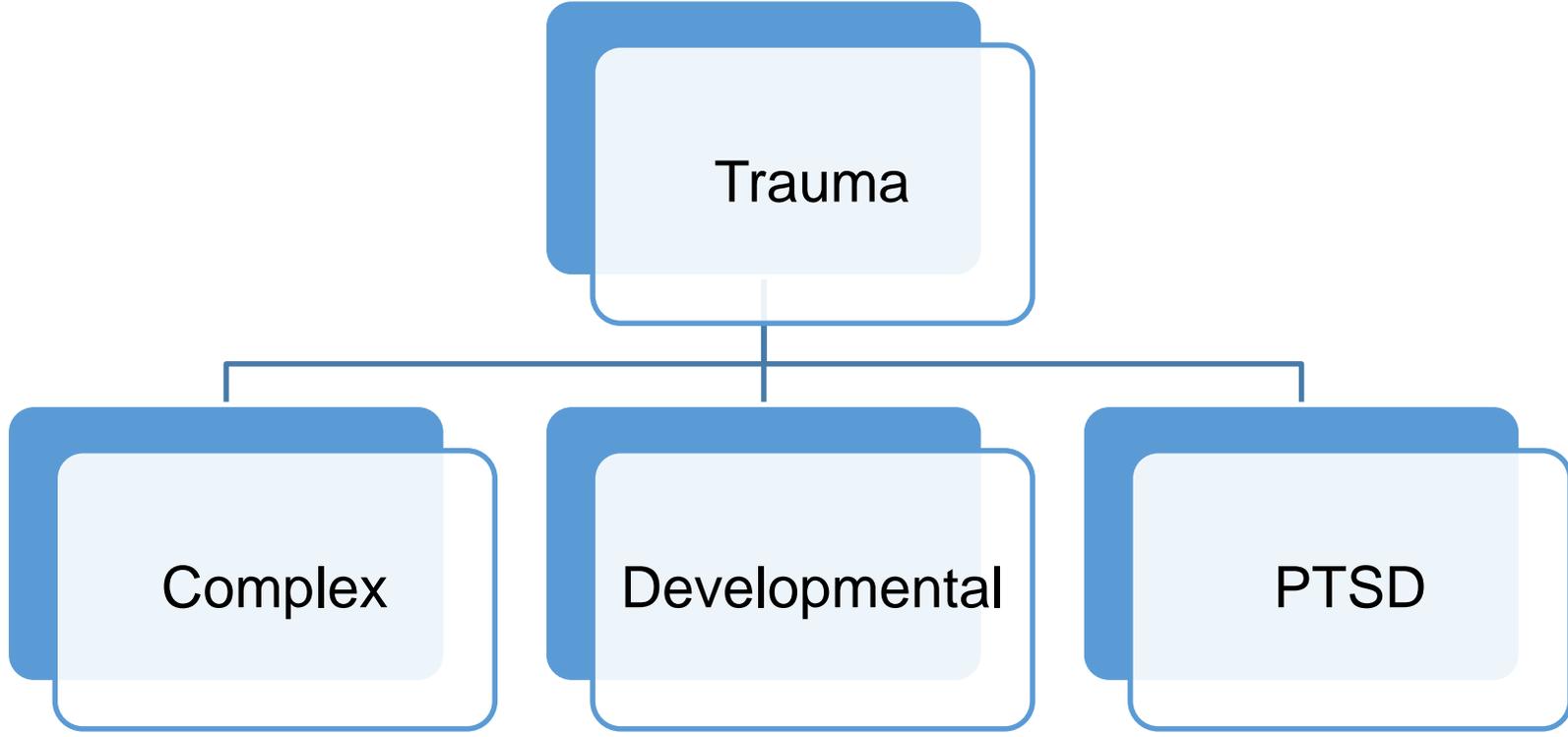


Because of social stigma
or misinformation, victims go:



Our Internal Action

Clinical Lens of CSEC



Differences Between PTSD / Complex PTSD

PTSD	Complex PTSD
One or few trauma, short lived trauma	Chronic inter-personal trauma caused by abuse neglect in captivity, child abuse
Visual & Somatic flashbacks	Visual, Somatic & Emotional Flashbacks
Avoidance of Triggers, Isolating	Avoidance of triggers & relationships, Chronic Isolation
Nightmares about trauma, sleep disturbance	Nightmares/night terrors, chronic insomnia, major sleep disturbance
Dissociation issues may occur	Several dissociation disorder types
Hypervigilance about environment	Hypervigilance about environment & about people - need to work people out
Anxiety & Depression, some difficulty in emotion regulation	Considerable difficulty with emotion regulation, abandonment depression
	Self perception - helplessness, severe shame, guilt, feeling different to others
	Fear of trust, repeated search for rescuer, loss of faith, despair
	Distorted perceptions of perpetrator, pre-occupied with perpetrator

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Healing From Complex Trauma & PTSD/CPTSD
Website @ www.healingfromcomplextraumaandptsd.com/



Often Accompanied by:

- Substance Use
- Depression
- Anxiety
- Dissociation
- Chronic Pain
- Chronic Health Conditions
- GI Symptoms
- Cognitive Issues (Hijacked Brain)
- Boundary Polarities
- Trauma Bond
- Eating Disorders
- Self-Harm
- Anger

Commonly Misdiagnosed as:

- ADHD
- ODD
- RAD
- Autism Spectrum
- Psychosis
- Bipolar Disorder
- Borderline Personality Disorder

Our Approach

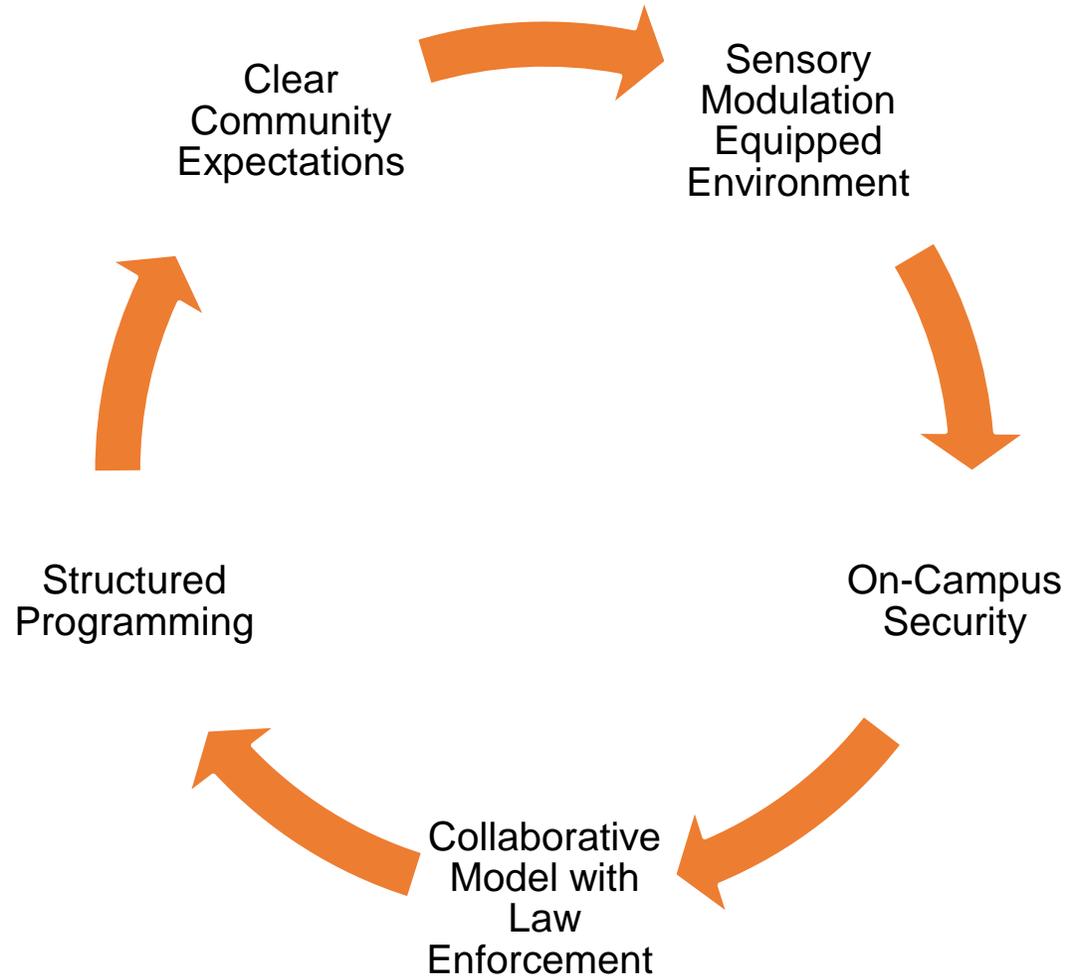


**"Bottom-Up" Approach
to Trauma Healing AKA
*Going Back to the
Basics***

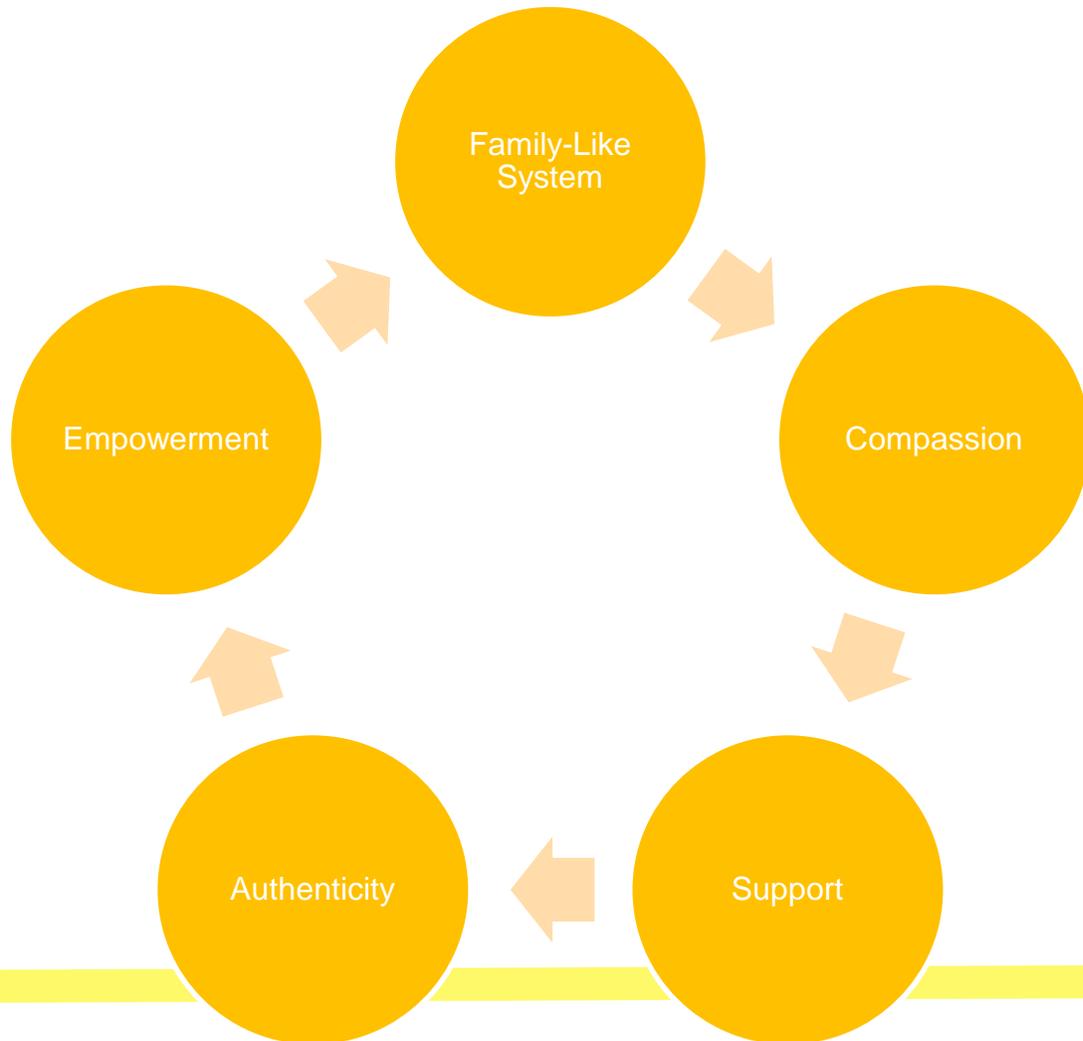
Immediate Physical & Emotional Needs

Trauma Responsive Intake			
Focuses on the Child's Immediate Needs	Immediate Triaging	Rapport Building	Gradual Orientation to the Campus, People, and Procedures

Safety and Security

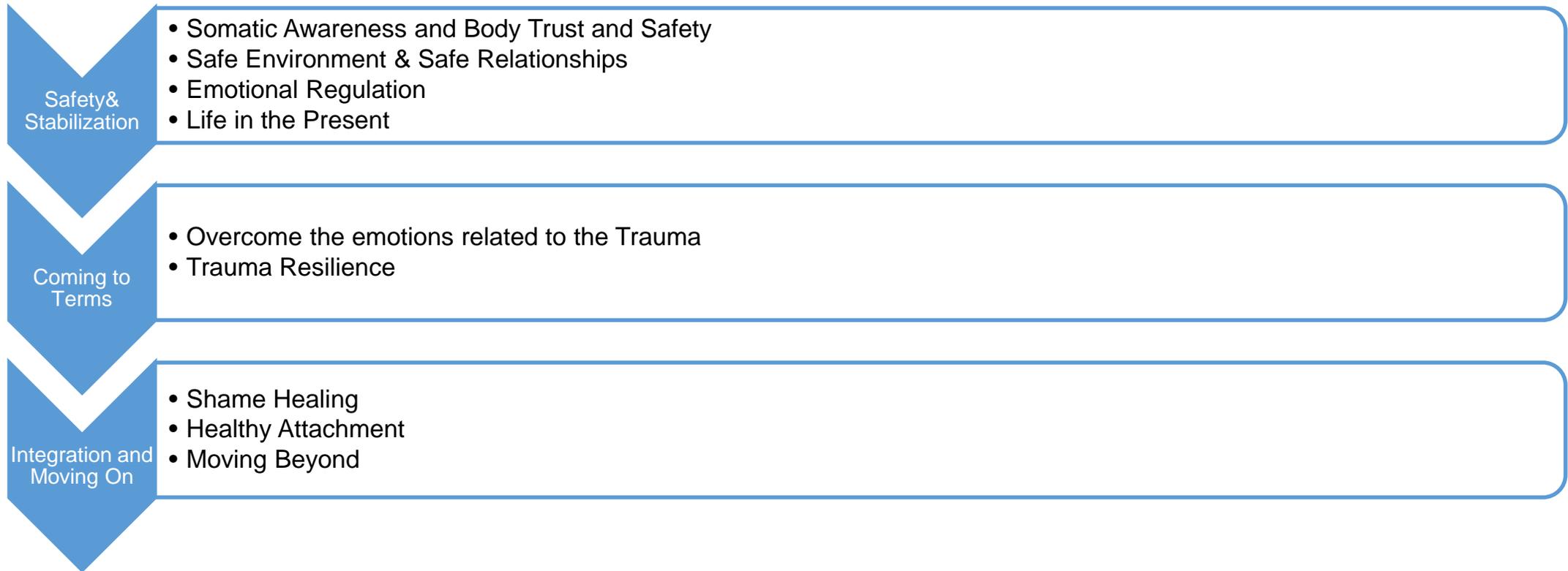


Love and Belonging



Stages of Healing

Janina Fisher's Three Stages of Trauma Recovery



Our Integrative Model

Trauma Healing

Medical/Psychiatric

Ancillary Therapies

Trauma Informed
Academics

Child-Family Team

Community

Faith

Culture/Diversity

Evidenced Based Modalities

CBT-TF

EMDR

Seeking Safety

Sensorimotor
Therapy

Somatic
Experiencing

Equine
Facilitated

Sound/Music
Therapy

Yoga

DBT

Mindfulness
Based CBT

Bio-
Neurofeedback

Trauma-Informed Environmental Design

Home-Like
Environment

Safe(Campus
Security)

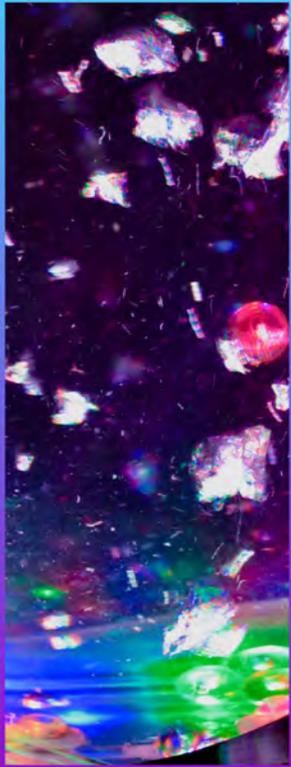
Sensory
Regulation
Equipped

Supportive

Family

Empowering

Sensory Regulation Environments



Healing Outdoor Environments



Questions and Answers

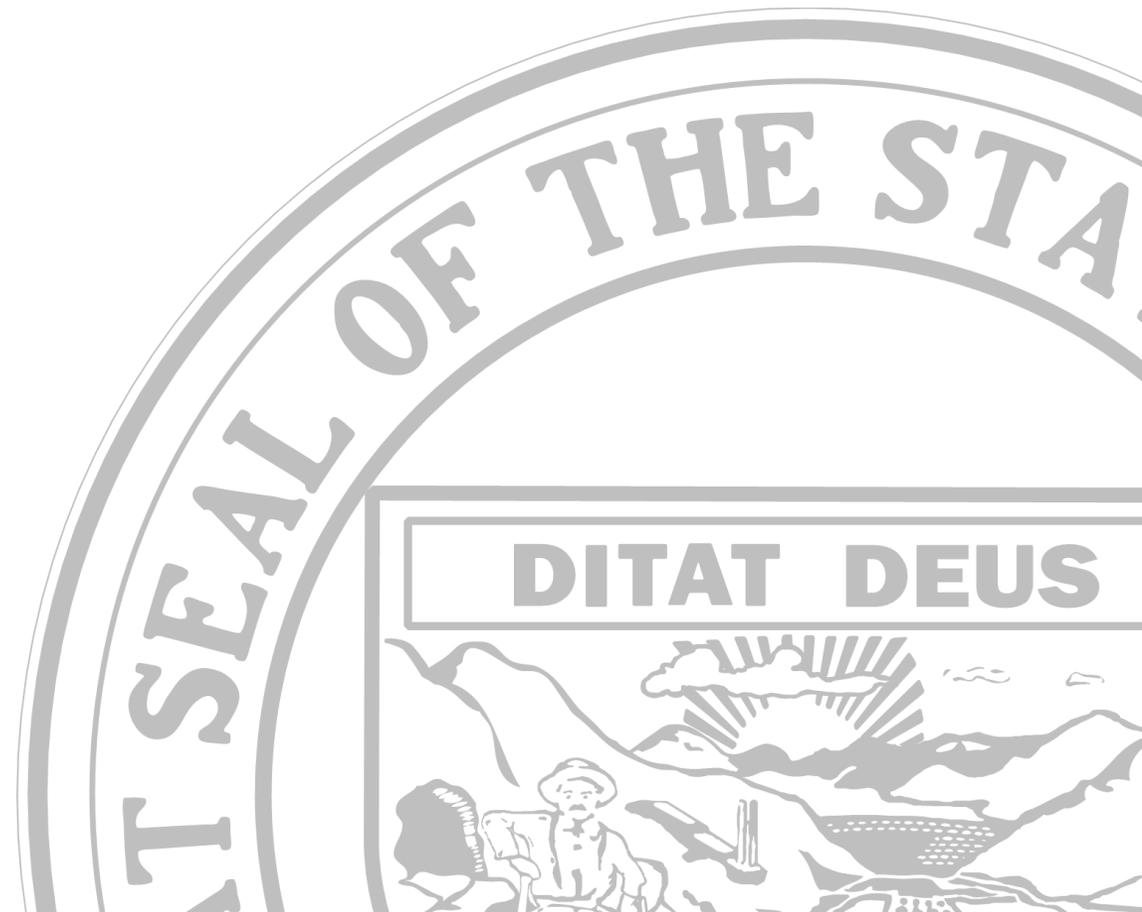
Skye Steele, CEO-skye@streetlightusa.org
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WWW.STREETLIGHTUSA.ORG

Arizona Human Trafficking Collaborative

Introduced by:
Director Maria Cristina Fuentes
Governor's Office of Youth, Faith and Family



<https://youtu.be/bbgRpcXpYYc>

Pima County Juvenile Court Practice

Edith Croxen, Chief Counsel

