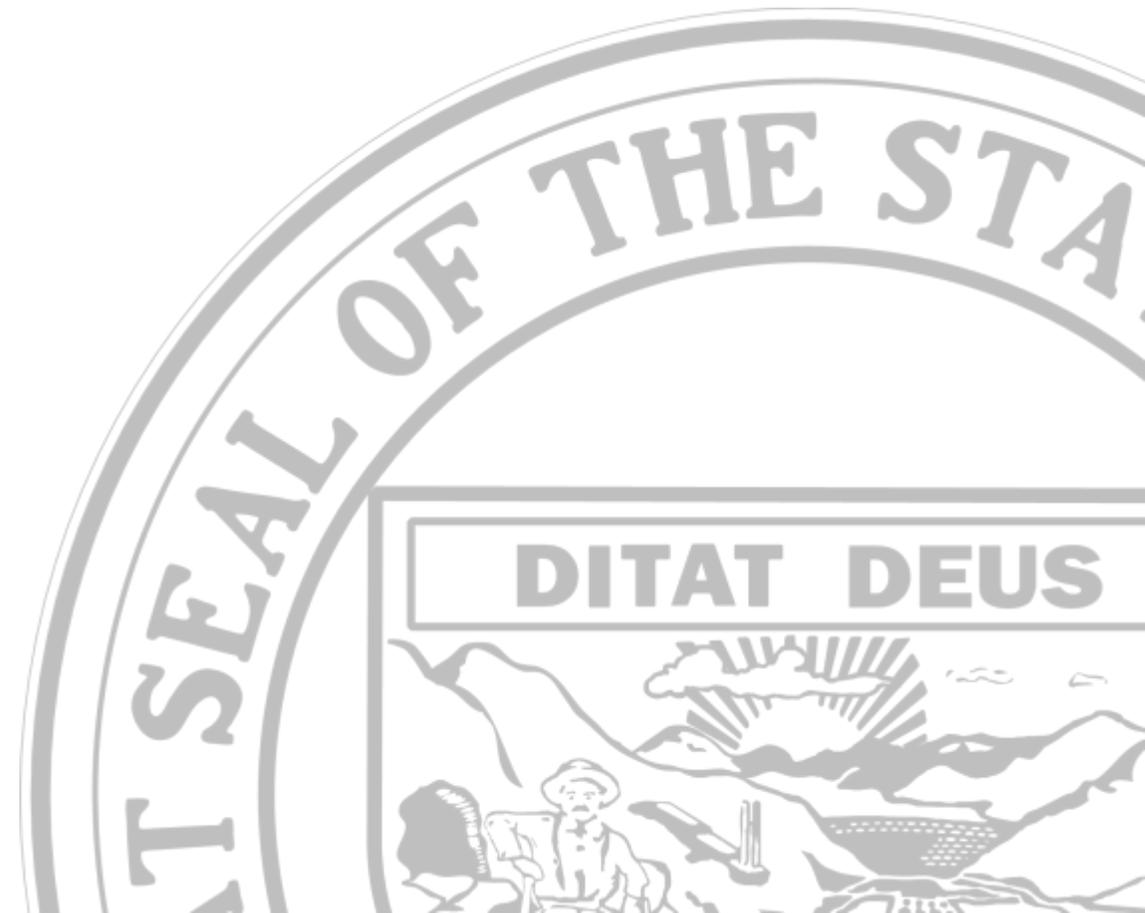
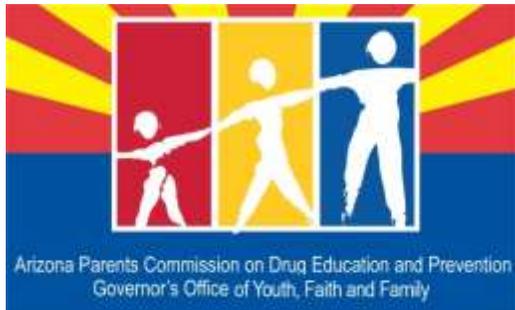


# Arizona Parents Commission on Drug Education & Prevention

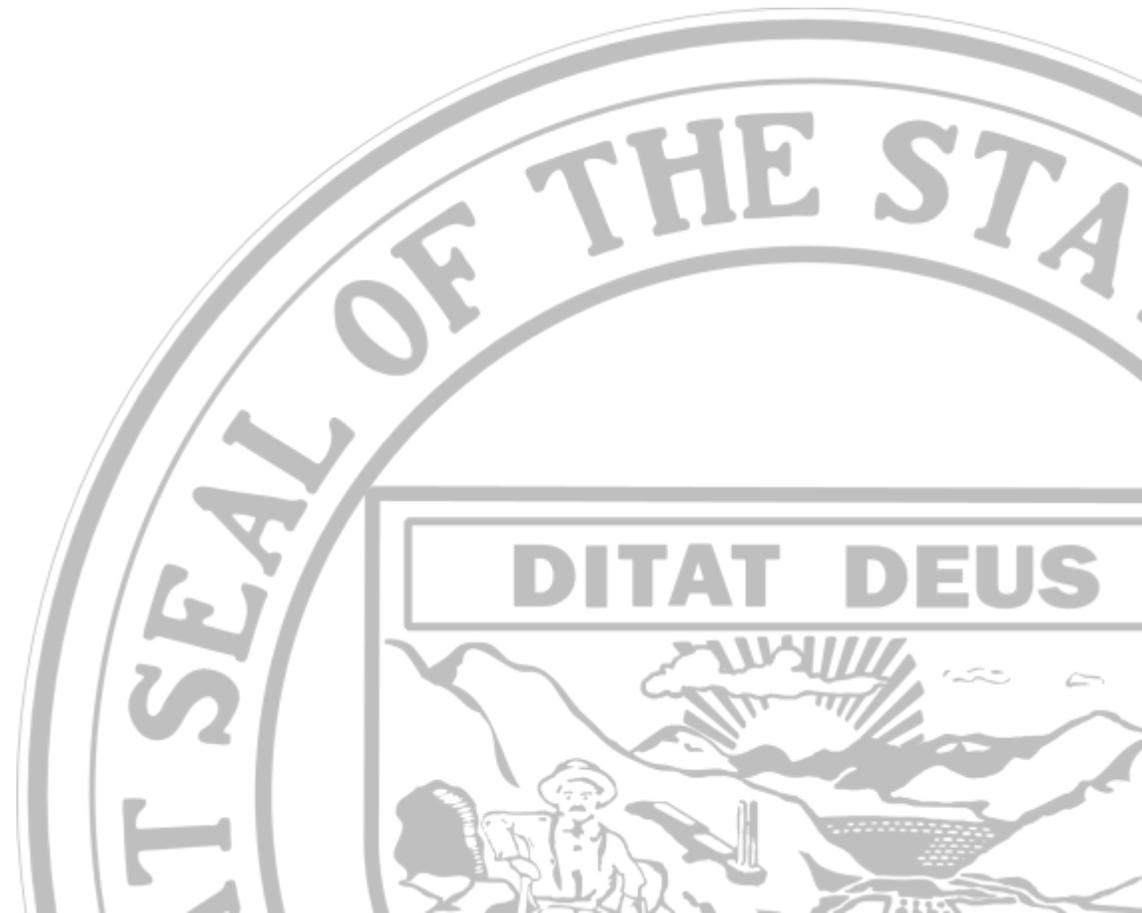
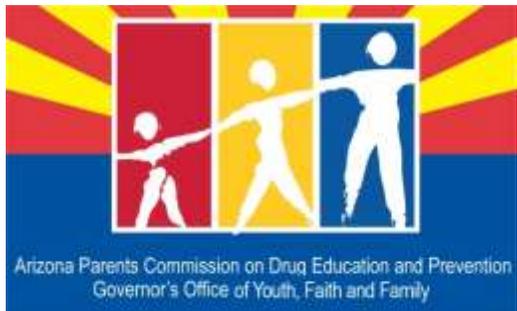
## SEPTEMBER 15, 2021

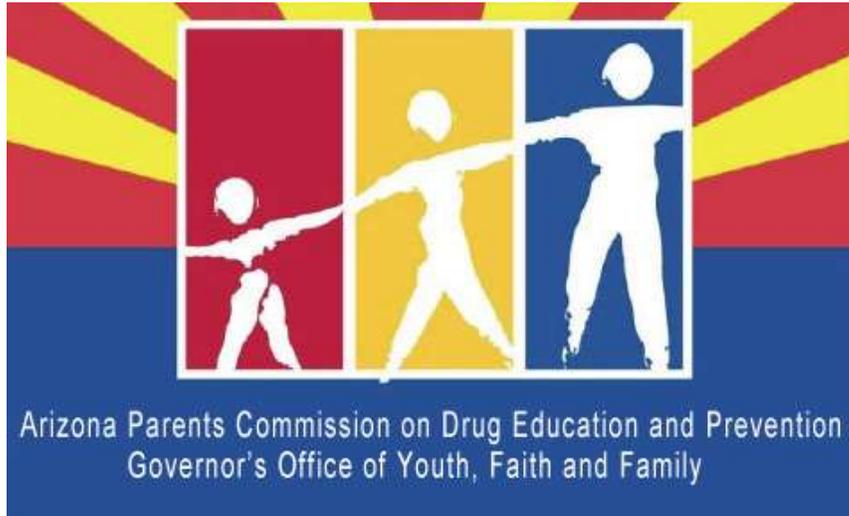


Arizona Parents Commission on Drug Education & Prevention

Wellington Consulting Group, Inc.

*Dr. Jane Dowling, President & CEO*





# INTRODUCTION TO PARENTS COMMISSION EVALUATION

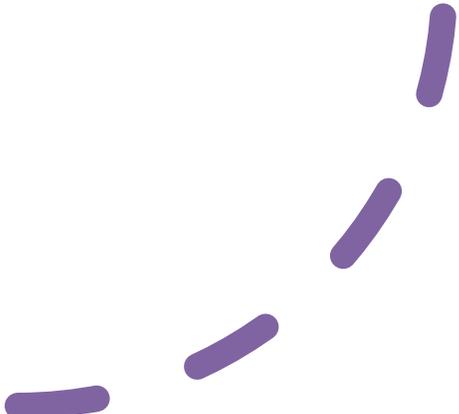
Jane Dowling, PhD  
Lyra Contreras, MPH  
Jessica Garcia, BS  
Karina Duran, MS  
Ric Bowers, IT  
Wellington Consulting Group, Ltd.

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PARENTS  
COMMISSION  
GRANT  
PROGRAM

Increase and enhance parental involvement.

Increase education about the serious risks and public health problems caused by the abuse of alcohol and controlled substance.

A decorative purple dashed line in the bottom right corner, consisting of several curved segments.

# Programming Requirements

Curriculum focused on prevention of, and the risks associated with using Opioids, Fentanyl, Vaping, Alcohol and/or Marijuana.

Engagement of youth and their parents or caregivers in joint drug prevention planning.

Implementation of youth engagement activities (active engagement of youth in coalition activities, youth leadership components, etc.).

Inclusion of one or more strategies from Arizona's Prescription Drug Misuse and Abuse Initiative.

Utilization of peer-to-peer program components as an additional service to further engage youth and their caregivers in attending substance abuse programs.

Incorporation of a Trauma-Informed Care (TIC) approach when developing their program.

# Evaluation Overview

Process evaluation designed to include an analysis and monitoring of each grantee's process of creating and implementing a Parenting Program.

Outcome evaluation designed to measure the overall effectiveness of each program in meeting its goals and objectives in the context of insights gained from the process evaluation as well as looking at the target outcomes across all the sites.



Area Served

Population Served

Types of services/activities

Factors influencing program performance

Type of outreach and recruitment

Type of collaboration with  
agencies/entities

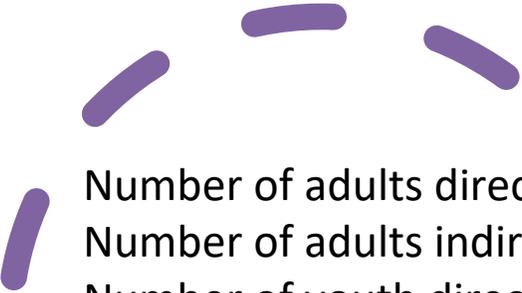
Type of Trauma Informed Care approaches  
implemented

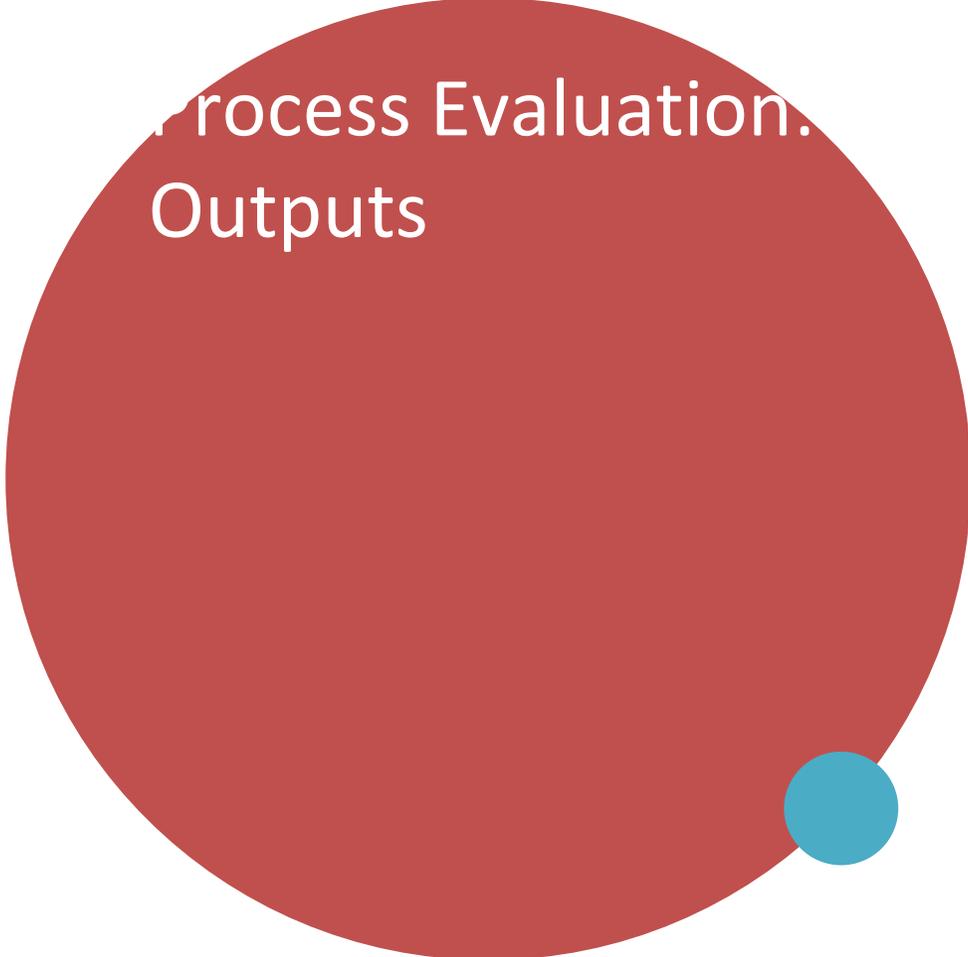
Type of workforce development activities  
implemented

Fidelity of program implementation



Process Evaluation

- 
- Number of adults directly served
  - Number of adults indirectly served
  - Number of youth directly served
  - Number of youth indirectly served
  - Number of public education and awareness events
  - Number of materials handed out at public education and awareness events



## Process Evaluation. Outputs

# Process Evaluation



Web-Based System



Monthly  
Process  
Report

Number served  
Challenges/successes  
Plans to overcome challenges  
Family engagement activities



Standard Fidelity  
Survey

For evidence-based programs

The background features several concentric, curved lines in shades of gray, some solid and some dashed, creating a sense of depth and movement. A blue rectangular box with a white border and a small white triangle at the bottom center is positioned on the left side of the slide.

# Target Outcomes

## **RISK/PROTECTIVE FACTORS**

Family Functioning

Family Cohesion

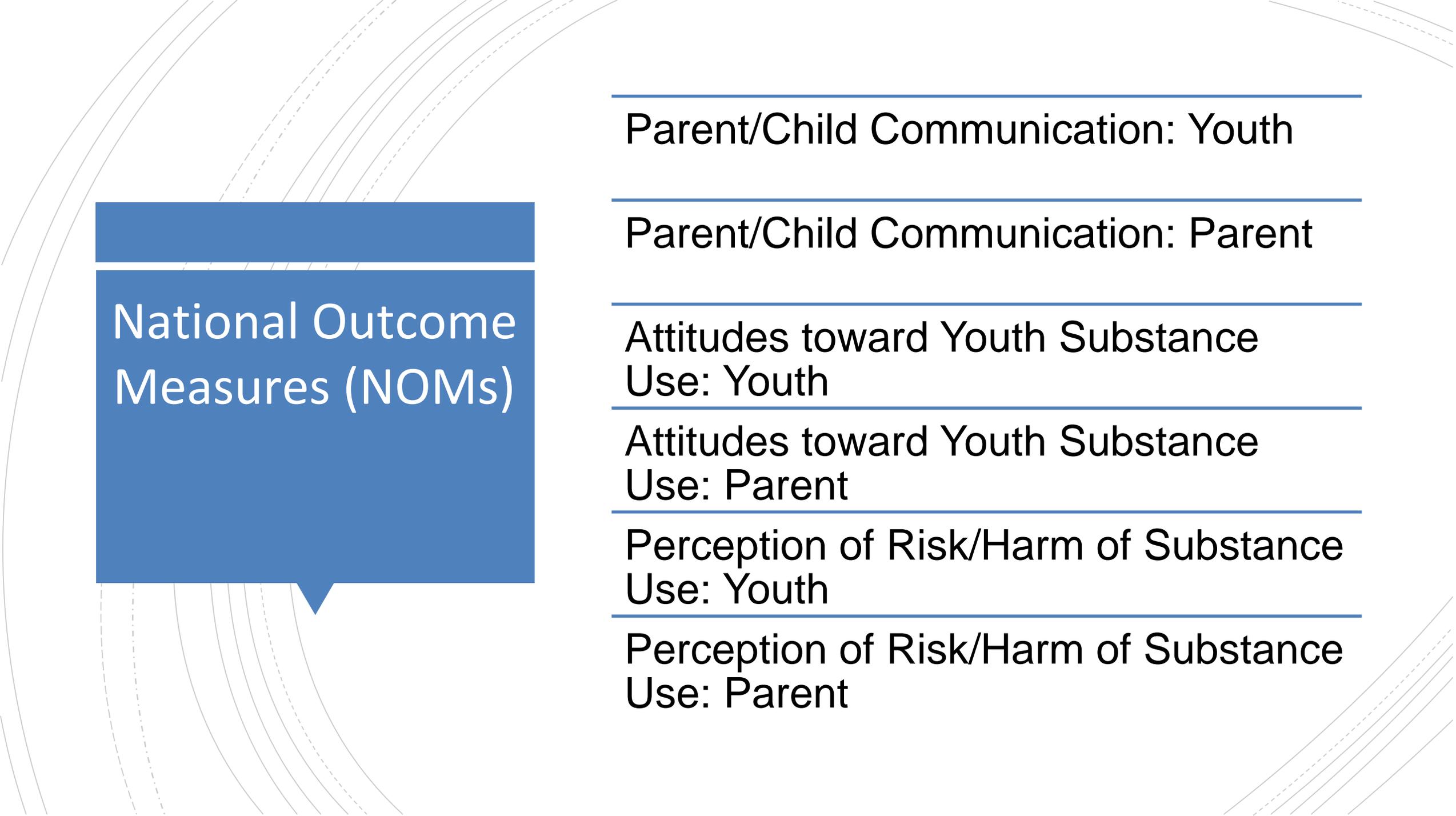
Family Management

Family Connectedness

Family Involvement

Family Conflict

Parental Stress



National Outcome  
Measures (NOMs)

---

Parent/Child Communication: Youth

---

Parent/Child Communication: Parent

---

Attitudes toward Youth Substance  
Use: Youth

---

Attitudes toward Youth Substance  
Use: Parent

---

Perception of Risk/Harm of Substance  
Use: Youth

---

Perception of Risk/Harm of Substance  
Use: Parent

Outcome  
Evaluation

Parent and Youth Surveys

Quarterly Reports

Annual Individual Reports

Annual Aggregate Report



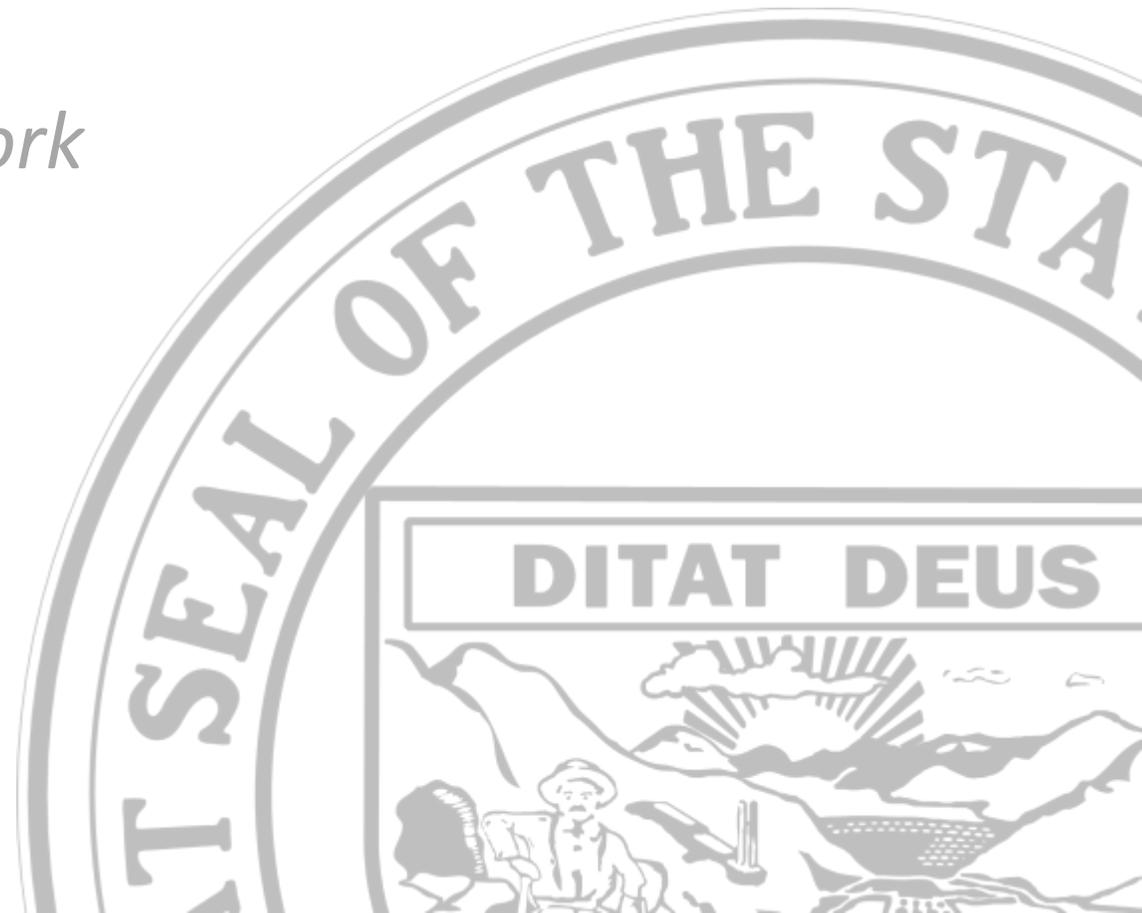
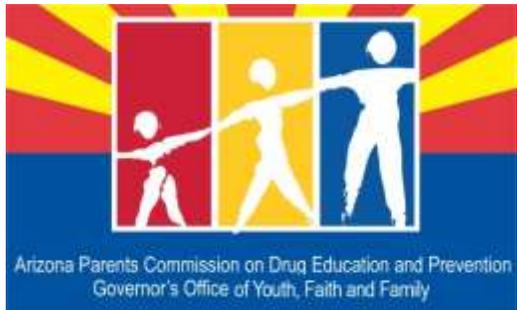
Questions?



# Arizona Parents Commission on Drug Education & Prevention

## ASU Summer & Winter Institute Recap

*Kevin Bushaw, ASU School of Social Work  
Conference & Events Manager*





# Summer Institute for Behavioral Health

**2020 and 2021 Recap**

# **6 Main Thematic 'Tracks'**

- **Addressing the Opioid Epidemic**
- **Substance Use Disorder (SUD) Prevention and Treatment**
- **Integrated Care**
- **Workforce Development**
- **Trauma Informed Approaches**
- **Working with Special Populations and Conditions**

**2020**

**Live Conference**

**Online Training Series**

**July 13 – September 22**

**33 Sessions, 350 Attendees**

**65 GOYFF Scholarships**

**2021**

**Live Conference**

**Online Training Series**

**July 13 – September 22**

**33 Sessions, 350 Attendees**

**35 GOYFF Scholarships**

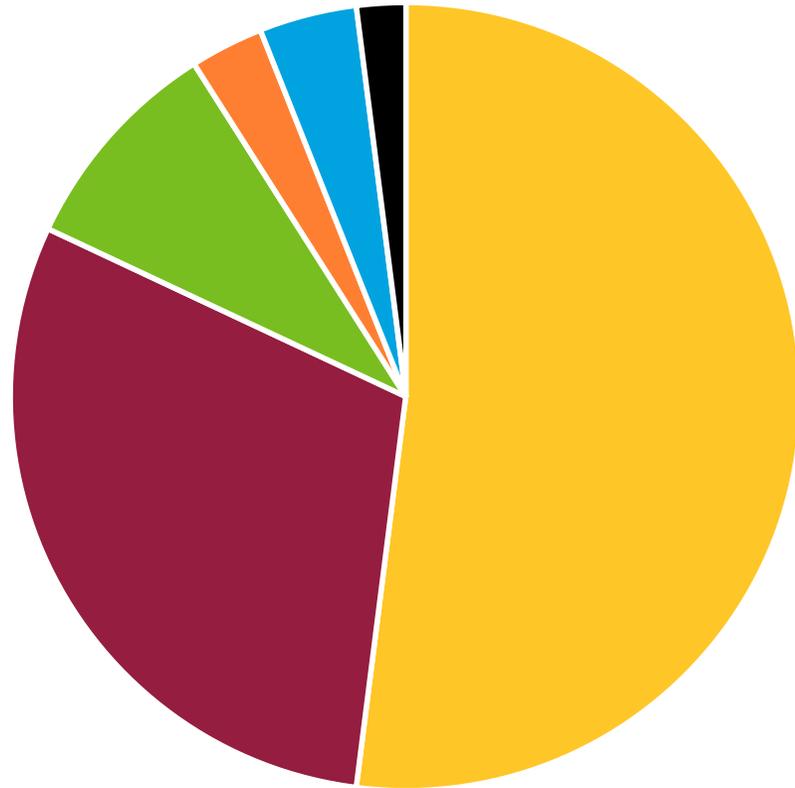
**20 ASU Scholarships**



Over **2,000 hours**  
of continuing  
education  
certificates issued  
to **618 attendees**  
over two years.

**The online series provided a wide variety of relevant educational sessions for today's behavioral health professionals and partners.**

# Professional Demographics



Behavioral Health 52%  
Educator/ Trainer 9%  
Criminal Justice 4%

Other 30%  
Integrated Provider 3%  
Healthcare Consulting 2%

## “Other” Includes:

- Peer or Family Support Specialists
- Public Safety (Fire or Law Enforcement)
- Crisis Responders
- Healthcare Administration
- Compliance Specialists
- Attorneys & Law
- Community Advocacy

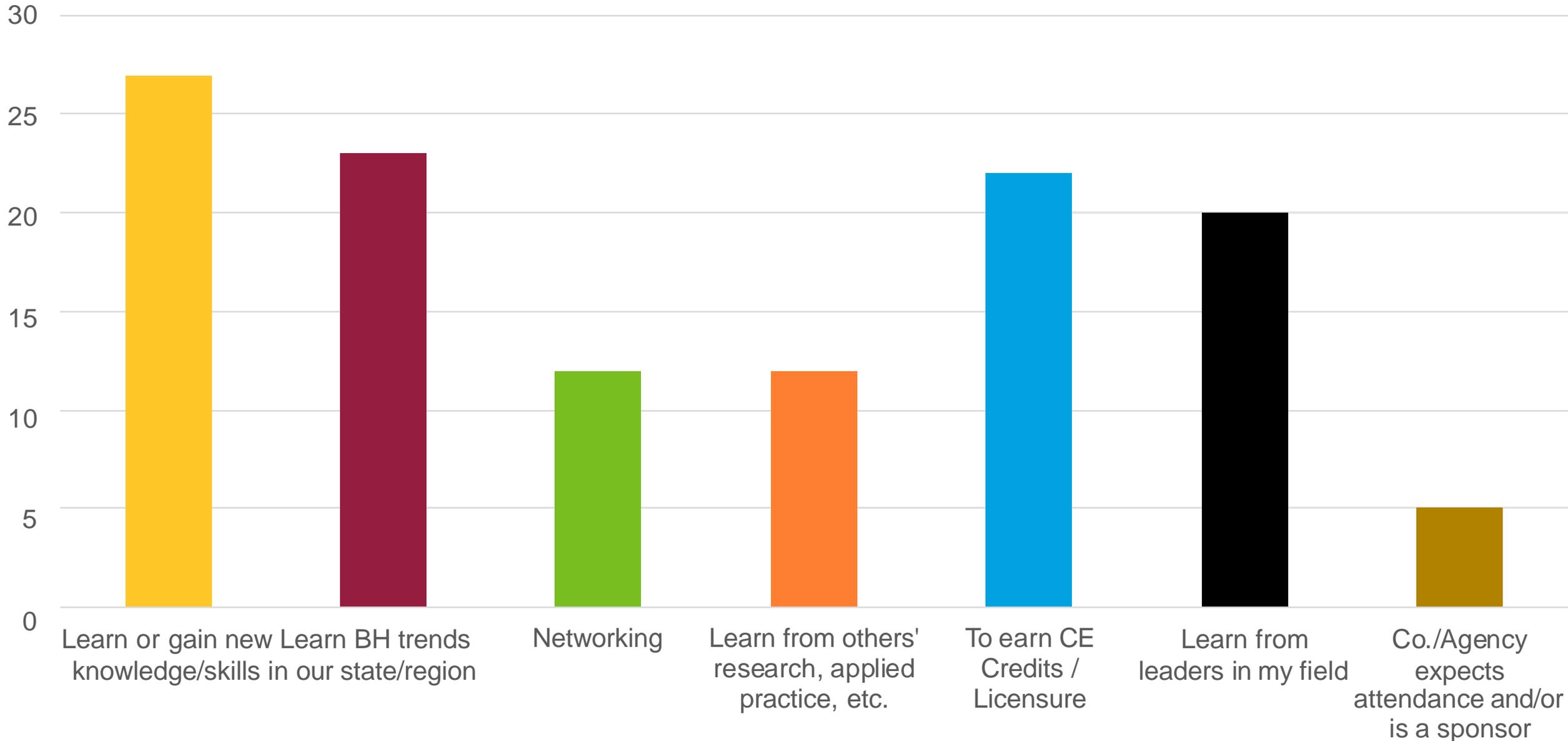
# Demographic Characteristics

**69% Female**

**33% Hispanic/Latinx**

**21% American Indian /  
or Alaskan Native**

# Why do people attend?



# **2020 Conference Satisfaction Survey**

## **What went well?**

**91% favorably rated the conference printed book**

**92% favorably rated overall**

**93% favorably rated the networking and discussions**

**88% of attendees said they were likely to return to Summer Institute**

## **What could we improve?**

**Almost 10% of respondents reported dissatisfaction with the conference application**

# Most Valuable at the Conferences

**“Given the issues of 2020 it was a great opportunity to learn how other professionals were struggling and how they were trying to overcome problems. The material was good and provided a lot of good information related to my profession I can use in an almost daily basis.”**

**(Anonymous survey response)**

**ASU** School of  
Social Work  
Arizona State University

# Winter Institute

First Responder and Behavioral Health Cross-training



**2021 Recap**

**2021**

**Hybrid In-person and  
Online Conference**

**April 8 – 9**

**19 Sessions, 180 Attendees**

**46 GOYFF Scholarships**

**14 ASU Scholarships**

# Professional Demographics



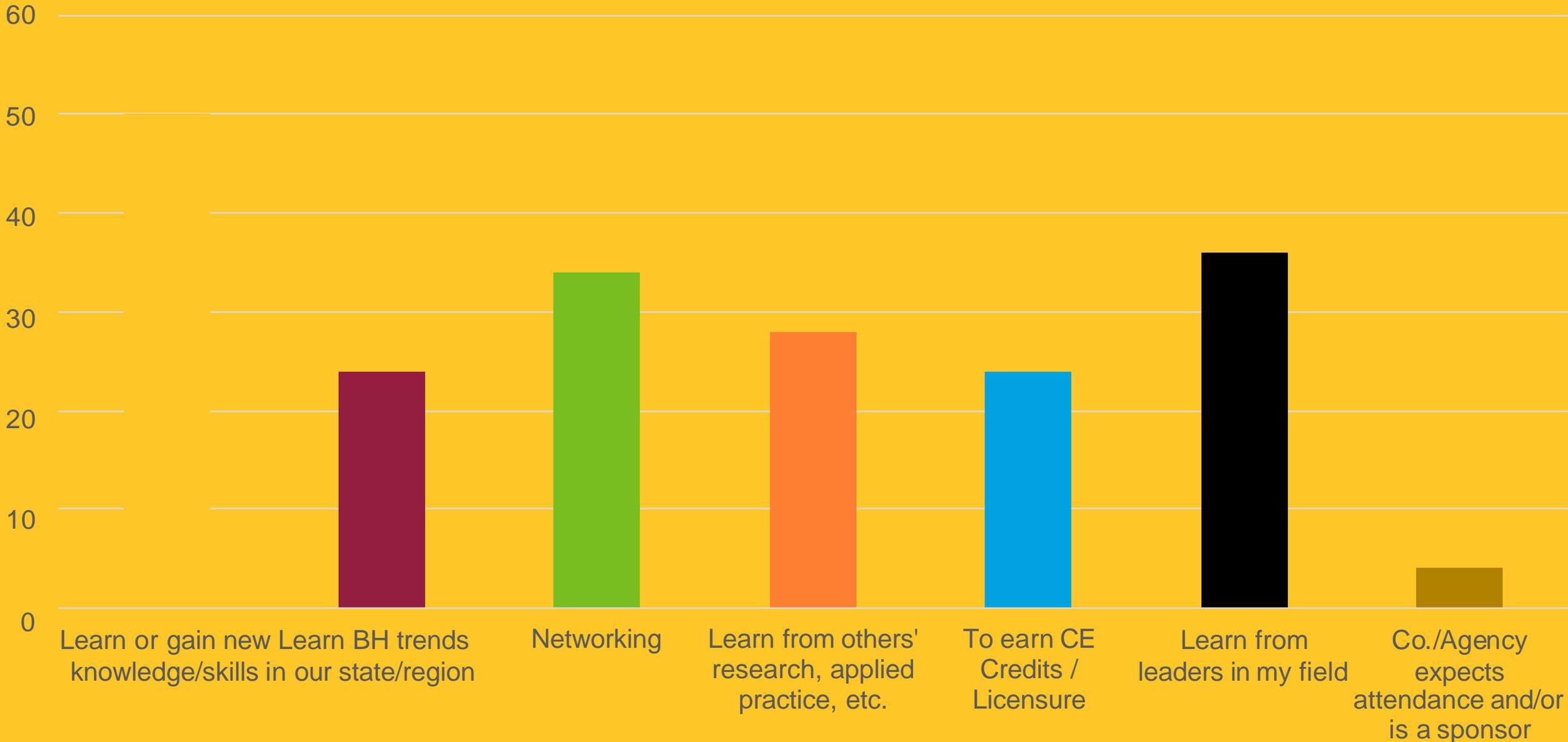
Social Worker  
Behavioral Health  
Fire/EMT

Other  
Educator/Researcher  
Law Enforcement

## “Other” Includes:

- Correctional Officers
- Judges and Court Reps
- Administrator
- Medical Provider

# Why do people attend?



# 2021 Conference Satisfaction Survey

## What went well?

94% favorably rated overall

93% favorably rated the networking and discussions

“Meeting other first Responders to share stories”

## What could we improve?

Respondents requested more “stories from the field”

# Most Valuable at the Conferences

**“The winter institute is unique. I love that it is bridging the gap between first responders and mental health professionals, both destigmatizing mental health and providing opportunities to collaborate and serve the community as a team.”**

**(Anonymous survey response)**

**2022 Launch  
Scheduled for:**

**Wednesday,  
October 6<sup>th</sup>  
9:30am – 11:30am**



# 2022 Planned Topics

- Continuum of care
- Underserved populations
- Healthcare policy
- Self-care & compassion fatigue
- Drug and alcohol education
- Emerging trends
- Homelessness
- Industry revenue and budgeting
- Peer & family support
- Faith-based support
- Recovery
- Healthcare disparities
- Technology and Innovation

# Thank you!



**Contact: Kevin Bushaw**  
**Kevin.Bushaw@asu.edu**  
**602.369.6680**

**ASU**® School of  
Social Work  
Arizona State University

# Arizona Parents Commission on Drug Education & Prevention

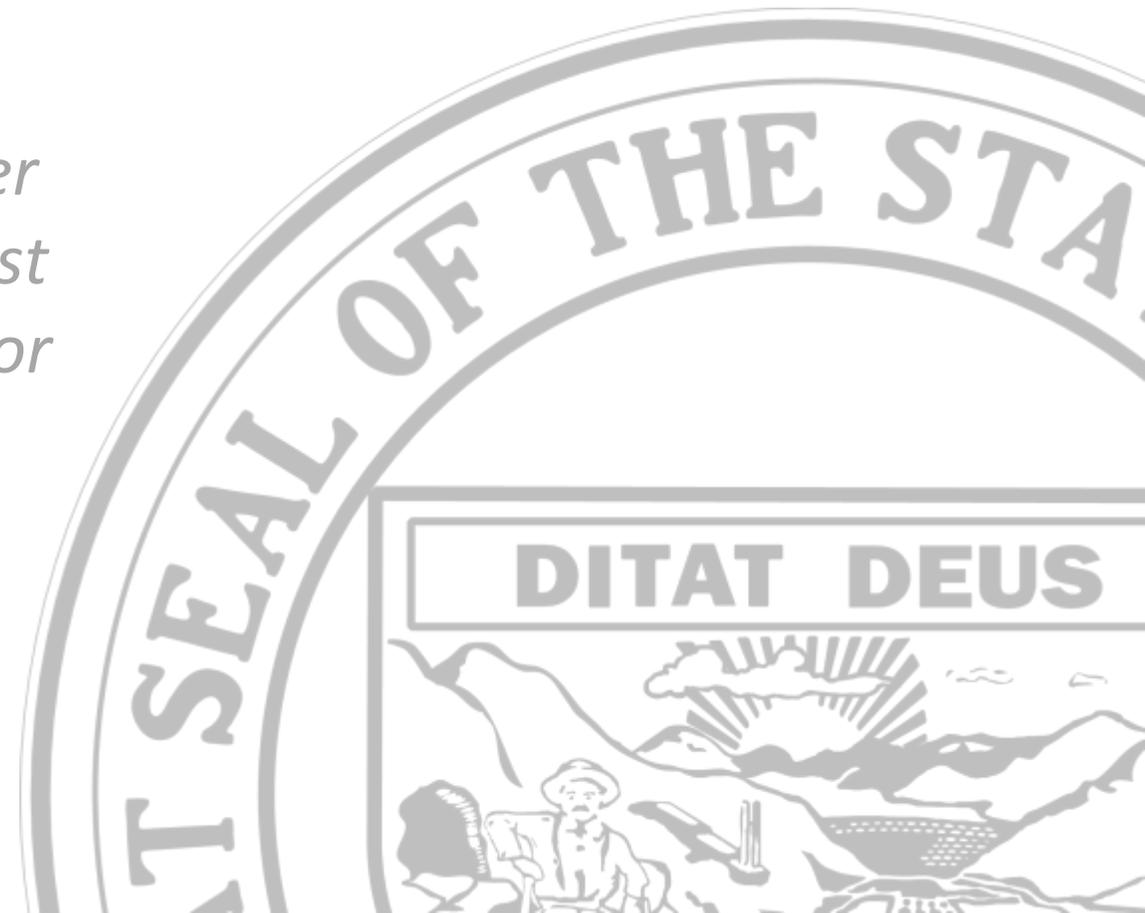
## City of Tempe: CARE 7

*Kristin Scharlau, Human Services Manager*

*Robin Afinowich, Trauma & Resiliency Trainer*

*Martha Williams, Crisis Intervention Specialist*

*Maria Gonzalez, Sr. Social Service Coordinator*



# City of Tempe

## CARE 7



**Tempe**

Making waves in the desert



## CARE 7 Beginnings

- CARE 7 began in 1997, responding along with the Tempe Police Department and Tempe Fire Medical Rescue to calls in the community to address needs outside of the scope of law enforcement and emergency medical services.
- The Assistance League of the East Valley, a philanthropic women's organization, offers CARE 7 continued financial support today.
- CARE 7 began as an all-volunteer effort, and it grew into a program consisting of paid staff, community volunteers, and interns from Arizona State University.
- 2004 – CARE 7 moved into dedicated space inside a Tempe fire station.
- We started in 1997 with one part-time staff member - 24 years later, CARE 7 consists of over 60 staff members.

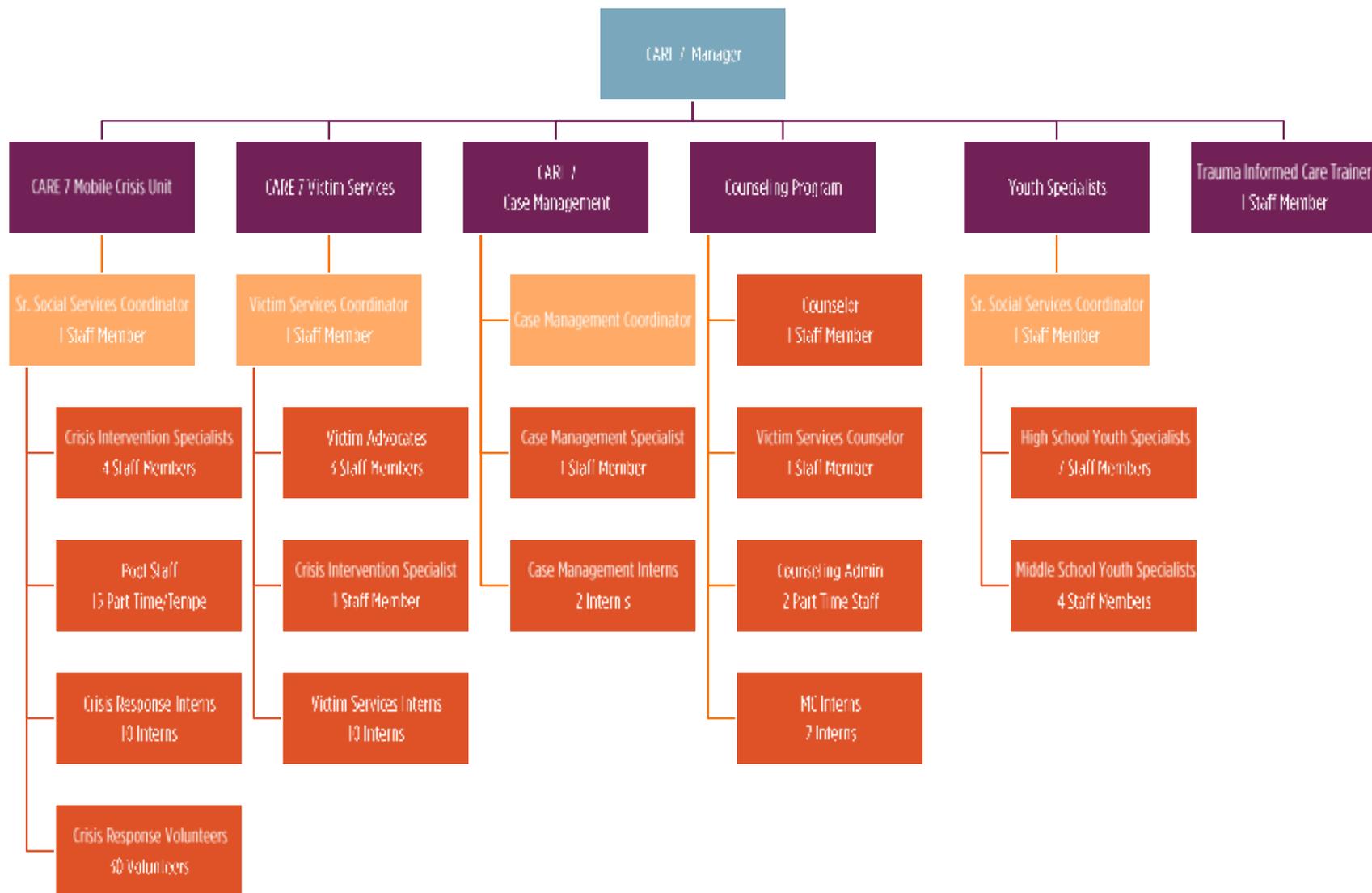




# CARE 7 Programs

- CARE 7 Crisis Response Unit
- VS276 Victim Services Crisis Response Unit
- Mental Health Response Team
- Victim Services
- High School Youth Specialists
- Case Management / Veteran's Services
- Counseling
- Trauma Informed Care

# CARE 7 Organizational Chart



## CARE 7 Crisis Response Unit

- Respond to the scene of a crisis situation per Tempe Police and/or Tempe Fire Medical Rescue in an effort to provide support to clients and/or victims experiencing traumatic situations
- Assess clients' physical and mental health needs and provide resources on-site or via referral to meet those needs
- Coordinate follow-up services with other CARE 7 programs, other City of Tempe departments, and/or community agencies

## VS276 Victim Services Crisis Response Unit

- Respond to the scene of a criminal investigation per Tempe Police and/or Tempe Fire Medical Rescue's request in an effort to provide support and mobile advocacy to victims of crime after an incident
- Assess clients' physical and mental health needs and provide resources on-site or via referral to meet those needs
- Complete a safety plan when necessary
- Coordinate follow-up services with CARE 7 Victim Services, case management, other City of Tempe departments, and community agencies

# Mental Health Response Team

- Dedicated funding for a mental health unit was established in FY22
- The team consists of two Master's-Level Social Workers who provide on-scene crisis intervention for behavioral health crises in the community
- Conduct assessments including psychosocial histories and analysis of presenting and underlying issues to determine client needs and appropriate treatment plan and options
- Assess immediate mental health needs to ensure the safety of the client, connecting to voluntary or involuntary treatment options when deemed appropriate; file mental health petitions and participate in the process to establish court-ordered treatment

# Victim Services

- Interact with victims and families to provide on-going assistance and emotional support
- Court accompaniment to hearings and assisting with Orders of Protection and Injunctions Against Harassment
- Serve as a liaison with the Tempe Police Department and Tempe Municipal Court
- Information and assistance regarding the investigation and criminal justice system
- Information on Victim's Rights and Victim Compensation program
- Support groups for victims
- Planning for a Tempe Advocacy Center in progress, expected early 2022.

## Case Management / Veteran's Services

- Provide long-term supportive and navigation services to individuals and families referred by the crisis team, TFMR, TPD, Patient Advocacy Services (PAS) and other community partners
- Conduct assessments for individuals in need of services, facilitate service connection and compliance
- Make appropriate referrals to community agencies for a variety of service needs including VA benefits, mental health, senior, and youth services
- Provide services to defendants in East Valley Regional Veterans Court and Tempe Mental Health Court; provide compliance reports to the Court as requested

# Counseling

- Conduct intakes and assessments; make appropriate referrals as needed
- Assess for safety and follow mandated reporting requirements
- Provide services to high school students in the Substance Abuse Program (SAP)
- Coordinate with CARE 7 for wraparound services as needed, including victim services
- Provide non-traditional methods as options, including Eye Movement Desensitization and Reprocessing (EMDR)



## TUHSD - High School Youth Specialists

- On-site at each of the seven Tempe High Schools
- Youth Specialists meet with students one-on-one to provide emotional support
- Youth Specialists run support groups based on the campus' identified needs
- Provide connection to CARE 7 services, referrals to community agencies, supplies, and basic needs items
- Work with school staff and school resource officers to identify and assist students with high needs
- Provide education on mental wellness and work with the Sandy Hook Promise Project

# Trauma-Informed Care Initiative

Create a resilient Tempe that recognizes trauma as a major public health threat and is responsive through policy to the needs of individuals who have experienced toxic stress in their lives.

- Assist with trainings and ongoing professional development of City of Tempe personnel
- Support implementation of trauma informed care in Tempe programming
- Development of Trauma Healing programming for Advocacy Center
  - Support Groups
  - Parenting, Financial, Nutrition, and Life Skills Classes
  - Yoga / Mindfulness
  - Music and Art
  - Cultural Heritage Projects



Questions?