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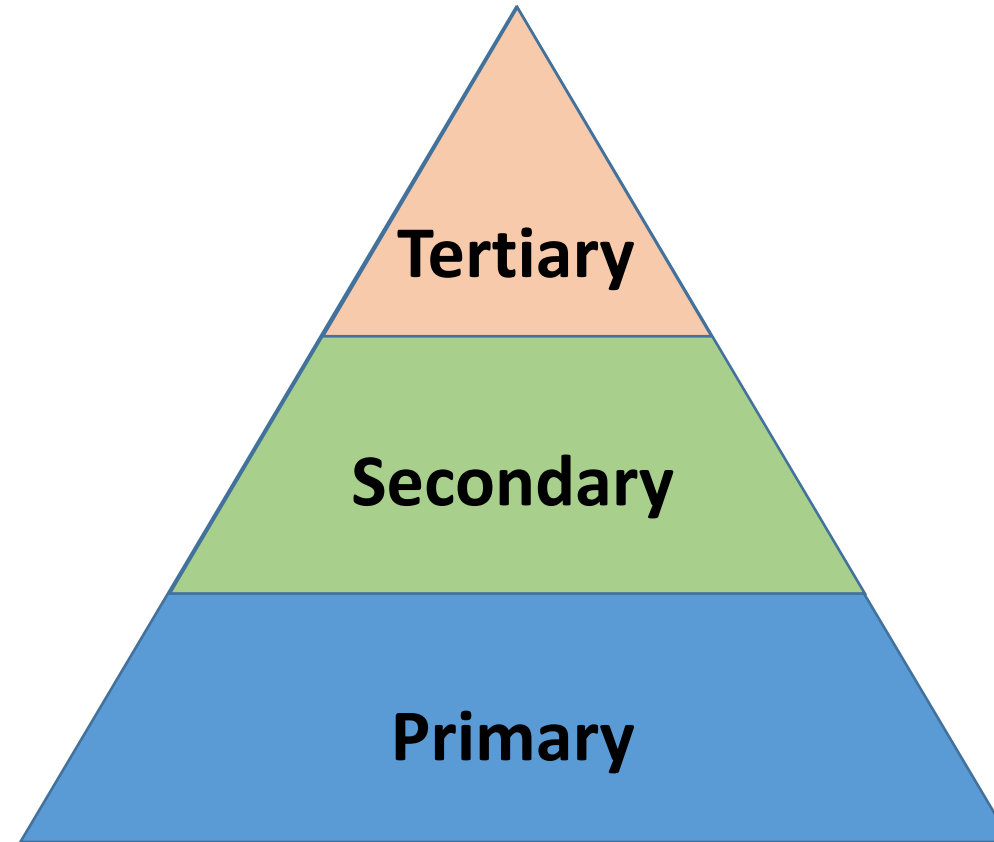
**Claire Louge**

Executive Director

Prevent Child Abuse Arizona

# prevention

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# Triple P

- Supports parent self-regulation and coping

Intensity of Child Behavior Problems



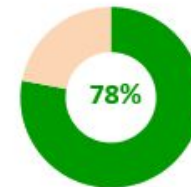
Parent Self-Efficacy to Deal with Child Behavior



Parent Depression



Parent Anxiety



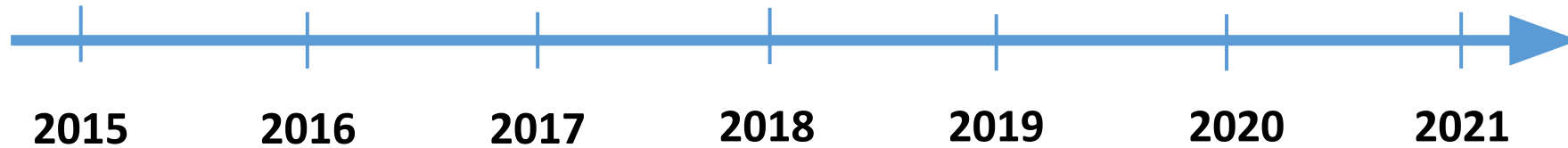
Parent Stress



# Triple P



Office of the Arizona Governor Doug Ducey  
Governor's Office of Youth, Faith and Family

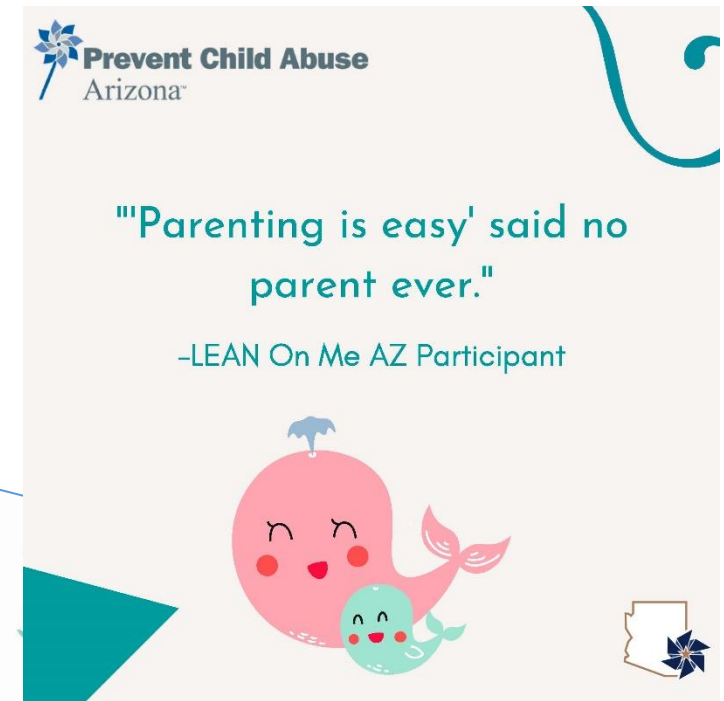
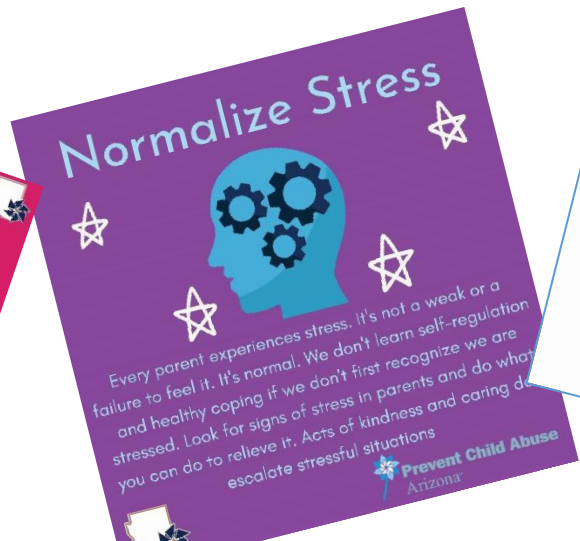


$$52 + 60 + 100 + (60)$$

**=272 practitioners in 12 counties**

# Lean On Me AZ

- tips and ideas for creating a **culture of parent support**
- normalizes that parenting can be stressful
- normalizes help-seeking behavior



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